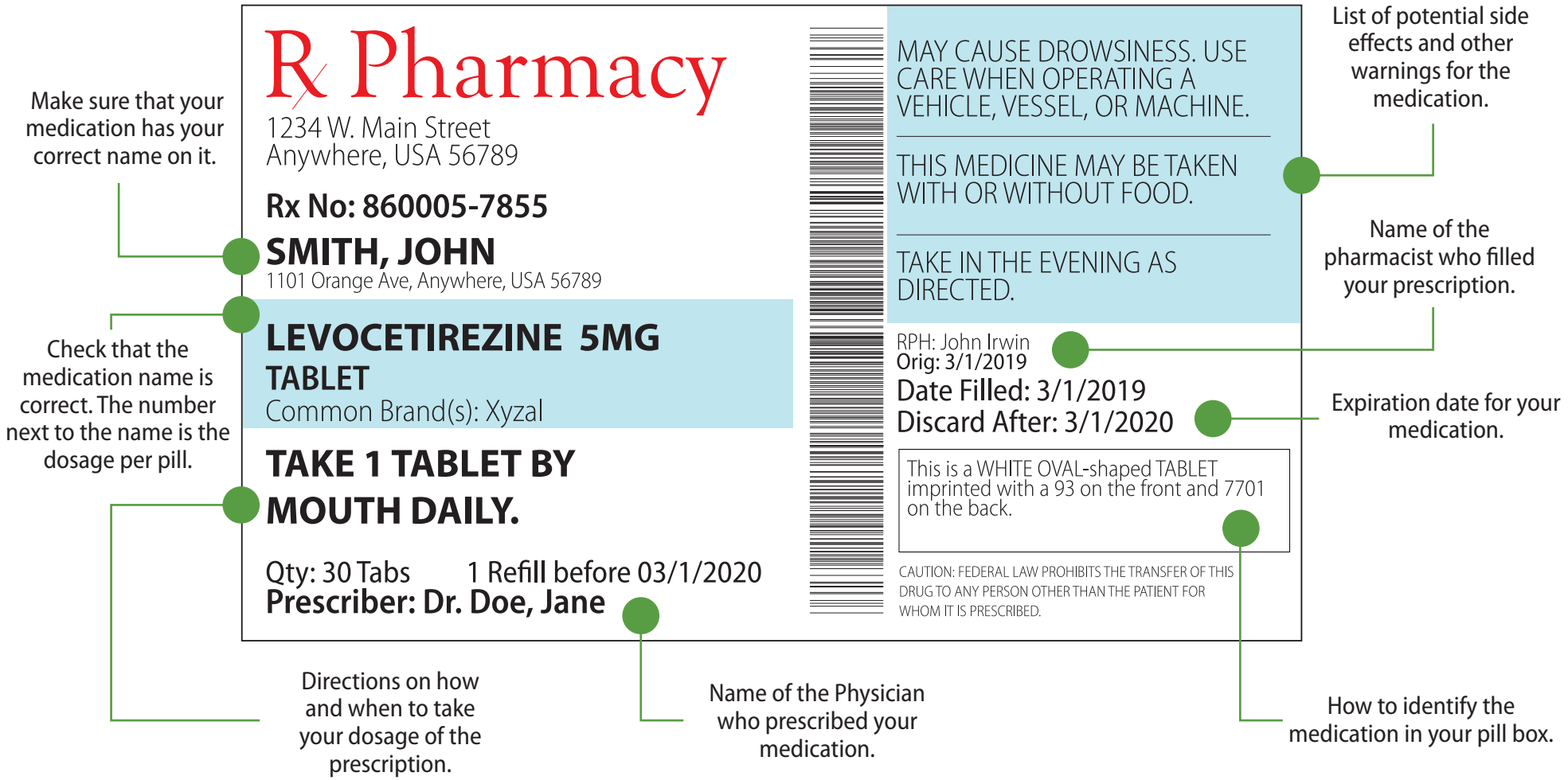
UNDERSTANDING PRESCRIPTION LABELS

Understanding all of the information included on your pill bottle is an important step in managing your health. If you are having difficulty with your pill bottles, speak with your pharmacist about other special accommodations that can be made such as easy-open lids, single-dose packaging, and font enlargement on labels. If you take multiple medications each day, purchase a multi-day pill box so you know you have taken each of your medications as prescribed and to help you keep tabs on your medication inventory.



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For assistance with a diagnosis or to work with a health coach, contact **ConnectCare3** by calling **877-223-2350** or by emailing us at **info@connectcare3.com**