



| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |  |
|--|--|--|--|---|---|---|--|
|  <p>Manhattan Clam Chowder <b>7</b><br/>Carved Roast Beef with Horseradish Sauce <b>GF</b><br/>Leg of Lamb with Mint Jelly &amp; Raisin Mint Pesto <b>GF</b><br/>Potato Crusted Cod<br/>Rubbed Potatoes<br/>Lemon Rice Pilaf <b>GF</b><br/>Ginger Carrots <b>GF</b><br/>Broccoli <b>GF</b><br/>Chocolate Mint Cream Pie<br/>NS Chocolate Layer Cake</p> | <p>Tomato Spaghetti with Meat Sauce <b>1</b><br/>Summer Cobb Salad with Berries and Grilled Chicken <b>GF</b><br/>Baked Potatoes <b>GF</b><br/>Baby Lima Beans <b>GF</b><br/>Carrots <b>GF</b><br/>Green Beans with Bacon <b>GF</b><br/>Strawberry Layer Cake<br/>SF Strawberry Cloud Cake</p> <p>All Fools' Day</p> | <p>Pasta Fagioli <b>2</b><br/>Lime Seared Salmon with Roasted Corn Salsa <b>GF</b><br/>Fried Chicken<br/>Mashed Potatoes <b>GF</b><br/>Barley and Mushrooms<br/>Brussel Sprouts <b>GF</b><br/>Cauliflower Au Gratin<br/>Carrot Cake<br/>SF Spice Cake</p>                  | <p>Chicken and Wild Rice <b>GF 3</b><br/>Hard and Soft Shell Beef Tacos<br/>Roasted Pork Tenderloin with Sour Cherry Jam and Blue Cheese<br/>Mexican Rice<br/>Refried Beans<br/>Green Beans <b>GF</b><br/>Candied Sweet Potatoes<br/>Churros<br/>SF Vanilla Cake</p> | <p>Chilled Strawberry <b>GF 4</b><br/>Tempura Sweet and Sour Chicken<br/>Heath Oven Stromboli<br/>Fired Rice<br/>Corn <b>GF</b><br/>Vegetable Stir Fry <b>GF</b><br/>Egg Rolls<br/>Key Lime Pie<br/>NSA Key Lime Mousse</p>   | <p>Beef Chili with Corn Bread <b>5</b><br/>Pub Style Breaded Cod<br/>Fish &amp; Chips<br/>Homemade Vegetable Lasagna<br/>Wedge Cut Fries<br/>Peas <b>GF</b><br/>Zucchini and Squash <b>GF</b><br/>Italian Green Beans <b>GF</b><br/>Blueberry Crunch Pie<br/>SF Blueberry Pie</p>   | <p>Bavarian Lentil <b>6</b><br/>Tukey Burgers<br/>Slow Roasted Asian Style<br/>Meatballs with Honey Soy Glaze<br/>Scalloped Potatoes<br/>Lo Mein Noodles<br/>Succotash <b>GF</b><br/>Sauted Green Beans <b>GF</b><br/>Assorted Desserts<br/>Assorted NSA Desserts</p>                               |  |
| <p>Crab Bisque <b>14</b><br/>Blueberry Glazed Black Oak Ham <b>GF</b><br/>Carved Sirloin Beef <b>GF</b><br/>Rustic Italian Cod<br/>Mashed Potatoes <b>GF</b><br/>Corn Souffle<br/>Green Beans <b>GF</b><br/>Roasted Broccoli with Lemon Garlic Vinaigrette <b>GF</b><br/>Lemon Crunch Pie<br/>SF White Cake with Lemon</p>   | <p>Chilled Peach <b>GF 8</b><br/>Pineapple Glazed Ham Balls<br/>Coconut Shrimp with Mango Salsa<br/>Baked Sweet Potatoes <b>GF</b><br/>Tomatoes Au Gratin<br/>Green Beans <b>GF</b><br/>Red Beets <b>GF</b><br/>Creamed Fruited Jell-o<br/>NSA Creamed Fruited Jell-o</p>  | <p>French Onion <b>GF 9</b><br/>Traditional Pork and Sauerkraut <b>GF</b><br/>Vinegar Chicken with Alabama White Sauce<br/>Mashed Potatoes <b>GF</b><br/>Steamed Rice <b>GF</b><br/>Peas <b>GF</b><br/>Roasted Cauliflower <b>GF</b><br/>Shoofly Pie<br/>SF Spice Cake</p> | <p>Chicken Noodle <b>10</b><br/>Hearth Oven Calzones<br/>Braised Sirloin Beef Tips<br/>Baked Potatoes <b>GF</b><br/>Buttered Noodles<br/>Broccoli <b>GF</b><br/>Sweet and Sour Spinach <b>GF</b><br/>Peach Cobbler<br/>NSA Fruits of the Forest Pie</p>              | <p>Minestrone <b>11</b><br/>Veal Parmesan<br/>Traditional Ribollita with Sausage, kale, and Beans<br/>Rustic Italian Cod<br/>Linguini with Marinara<br/>Roasted Potatoes <b>GF</b><br/>Green Beans <b>GF</b><br/>Italian Vegetable Medley <b>GF</b><br/>Tiramisu<br/>SF Chocolate Cream Pie</p> | <p>Cream of Potato with Bacon <b>12</b><br/>Hearth Oven Gourmet Flat Bread Pizza<br/>Trio Salad with Chicken, Ham, and Tuna Salad<br/>Kettle Cooked Chips &amp; Corn Chips<br/>Black Beans and Rice <b>GF</b><br/>Lima Beans <b>GF</b><br/>Roasted Summer Squash <b>GF</b><br/>Brownies<br/>SF Chocolate Cake</p>   | <p>White Bean Florentine <b>GF 13</b><br/>Spaghetti and Meatballs<br/>Chicken Fricassee<br/>Spaghetti<br/>Parslied Potatoes <b>GF</b><br/>California Vegetable Medley <b>GF</b><br/>Roasted Brussel Sprouts with Lemon and Pistachios <b>GF</b><br/>Assorted Desserts<br/>Assorted NSA Desserts</p> |  |
| <p>Spring Pea <b>21</b><br/>Lamb w/ Raisin Pesto &amp; Mint Jelly <b>GF</b><br/>Citrus Glazed Black Oak Ham<br/>Panko Crusted Cod<br/>Mashed Potatoes <b>GF</b><br/>Candied Sweet Potatoes<br/>Balsamic Green<br/>Beans w/ Pearl Onions <b>GF</b><br/>Parslied Carrots <b>GF</b><br/>Chocolate Peanut Butter Pie<br/>Coconut Cake &amp; Lemon Meringue Pie<br/>NSA Orange Pineapple Cake<br/>Easter Sunday</p>                           | <p>Potato Leek <b>15</b><br/>Pork Tenderloin with Fig Marmalade<br/>Eggplant Parmesan<br/>Barley and Wild Mushrooms<br/>Buttered Linguini<br/>Harvard Beets <b>GF</b><br/>Carrots <b>GF</b><br/>Chocolate Sheet Cake with Peanut Butter Icing<br/>SF Chocolate Cake</p>  | <p>Caldo Verde (Portuguese Soup) <b>GF 16</b><br/>Hearth Oven Macaroni &amp; Cheese<br/>Chicken Maryland<br/>Peas <b>GF</b><br/>Baked Sweet Potatoes <b>GF</b><br/>Stewed Tomatoes <b>GF</b><br/>Roasted Zucchini <b>GF</b><br/>Banana Cream Pie<br/>SF Vanilla Cake</p>   | <p>Corn Chowder <b>17</b><br/>Beef Stroganoff<br/>Pulled Pork BBQ Sandwich<br/>Buttered Noodles<br/>Roasted Yukon Gold Potatoes <b>GF</b><br/>Steamed Broccoli <b>GF</b><br/>Lemon Baked Cauliflower <b>GF</b><br/>Apple Pie<br/>SF Apple Pie</p>                    | <p>Sausage and Cabbage soup <b>18</b><br/>Hearth Oven Shephard's Pie<br/>Chicken Picatta<br/>Mashed Potatoes <b>GF</b><br/>Vegetable Rice Pilaf <b>GF</b><br/>Creamed Corn <b>GF</b><br/>Asparagus <b>GF</b><br/>Berry Tartlet<br/>SF Berry Mousse</p>  | <p>Welsh Beef Vegetable <b>19</b><br/>Seafood Combo with Cheddar Biscuits<br/>Turkey, Blackberry, &amp; Avocado Salad w/ Lemon Poppy Dressing <b>GF</b><br/>Roasted Fingerling Potatoes <b>GF</b><br/>Corn on the Cob <b>GF</b><br/>Key Biscayne Vegetables <b>GF</b><br/>Lima Beans <b>GF</b><br/>Red Velvet Sheet Cake with Buttercream Icing<br/>SF Vanilla Cake<br/>Good Friday</p> | <p>Turkey Rice <b>20</b><br/>Chicken Parmesan<br/>Philly Style Cheese Steaks<br/>Buttered Linguini<br/>Steak Fries<br/>Roasted Beets and Carrots <b>GF</b><br/>Green and Wax Beans <b>GF</b><br/>Assorted Desserts<br/>Assorted NSA Desserts</p>  |  |
| <p>Beef Forestier <b>GF 28</b><br/>Herb Roasted Beef Sirloin <b>GF</b><br/>Carved Roasted Turkey<br/>Grilled Swordfish with Basil Sauce<br/>And Pineapples <b>GF</b><br/>Homemade Bread Filling<br/>Mashed Potatoes <b>GF</b><br/>Carrots <b>GF</b><br/>Peas <b>GF</b><br/>Strawberry Short Cake<br/>SF Strawberry Cloud Cake</p>  | <p>Garden Vegetable <b>22</b><br/>Orange Chicken<br/>Kansas City Style BBQ<br/>Baby Back Ribs<br/>Baked Butter Beans<br/>Lo Mein Noodles<br/>Broccoli <b>GF</b><br/>Egg Rolls<br/>Pecan Pie<br/>SF Spice Cake</p> <p>Earth Day</p>   | <p>Chicken Florentine <b>23</b><br/>Woodcrest Salmon Cakes<br/>Paprika Beef with Roasted Red Peppers<br/>Roasted Potatoes <b>GF</b><br/>Rice Pilaf <b>GF</b><br/>Asparagus <b>GF</b><br/>Lima Beans <b>GF</b><br/>Rice Pudding<br/>NSA Rice Pudding</p>                    | <p>Cream of Broccoli <b>24</b><br/>Fried Margarita Chicken<br/>Hearth Oven Corn Pies<br/>Baked Potatoes <b>GF</b><br/>Biscuits<br/>Succotash <b>GF</b><br/>Carrots <b>GF</b><br/>Cheesecake<br/>NSA Cheesecake</p>   | <p>Chilled Pear <b>25</b><br/>Meatloaf with Gravy<br/>Roasted Pepper 7 Corn Salad w/ Endive, Arugula, and Tumeric Vinaigrette <b>GF</b><br/>Mashed Potatoes <b>GF</b><br/>Perogies with Onions<br/>Wax Beans <b>GF</b><br/>Cauliflower <b>GF</b><br/>Cherry Cobbler<br/>SF Cherry Pie</p>       | <p>Spring Chicken and Barley <b>26</b><br/>Beef Roulade with Balsamic Reduction<br/>Shrimp Scampi<br/>Lemon Parslied<br/>Roasted Fingerling Potatoes <b>GF</b><br/>Buttered Linguini<br/>Green Beans <b>GF</b><br/>Roasted Red Beets <b>GF</b><br/>Blueberry Crumb pie<br/>SF Blueberry Pie<br/>Arbor Day</p>   | <p>Tomato <b>27</b><br/>Italian Sausage Hoagie with Grilled Onions &amp; Peppers<br/>Lancaster Style Chicken Pot Pie<br/>Southwest Rice<br/>Roasted Potatoes &amp; Onions <b>GF</b><br/>Corn <b>GF</b><br/>Roasted Summer Squash <b>GF</b><br/>Assorted Desserts<br/>Assorted NSA Desserts</p>      |  |
| <p>Creamy Chicken and Corn <b>29</b><br/>Build Your Own Burgers and Hot Dogs<br/>Baked Beans<br/>Fresh Cut Fries<br/>Broccoli <b>GF</b><br/>Cape Cod Vegetable Medley <b>GF</b><br/>Chocolate Sheet Cake with Vanilla Icing<br/>NSA Chocolate Layer Cake</p>   | <p>French Onion <b>30</b><br/>Roasted Pork Tenderloin with Burgundy Peppercorn Sauce<br/>Salisbury Steaks<br/>Scalloped Potatoes<br/>Baked Sweet Potatoes<br/>Roasted Brussel Sprouts<br/>Corn Souffle<br/>Lemon Meringue Pie<br/>NSA Lemon Meringue Pie</p>   |   |  |   |   | <p>April 2019</p> <p>Dinner Menu</p>   |  |

\*Items marked GF are Gluten Free.

\*The menu is subject to change based on availability