

MAY 2023 GROCERY TRIPS: *Sign up in Bistro Trip Book or Portal by 9 am, 2 days before trip date.

Aldi Grocery Shuttle: Wednesday, 5/3/23 at 9:30 am

Stauffer's Grocery Shuttle: Wednesday, 5/3/23 at 1:00 pm and Wednesday, 5/17/23 at 1:00 pm

Giant Grocery Shuttle: Wednesday, 5/10/23 at 9:30 am and Wednesday, 5/24/23 at 9:30 am

Wegmans Grocery Shuttle: Wednesday, 5/10/23 at 1:00 pm and Wednesday, 5/24/23 at 1:00 pm

Oregon Dairy Shuttle: Wednesday, 5/31/23 at 1:00 pm

MAY 2023 OTHER TRIPS: MUST REGISTER IN BISTRO TRIP BOOK OR PORTAL FOR ALL TRIPS.

Monday, May 1: Ice Cream Break - Pine View Dairy TIME: 1:00 pm COST: Price of your ice cream

Thursday, May 4: Quest Shuttle TIME: 9:00 am COST: Prior Registration was required

Friday, May 5: Central Market TIME: 10:00 am COST: Price of your purchases. Come and walk the market and see all it has to offer. ****Large amount of walking**

Tuesday, May 9: Trader Joes/Pizza Grille TIME: 10:00 am COST: Price of your groceries and lunch
Shop Trader Joes signature items at the Camp Hill store and then enjoy lunch at a local favorite that serves Italian pastas & specialty pizzas, plus burgers & salads. ****Large amount of walking**

Friday, May 12: Barnyard Studios/Scooters Restaurant TIME: 10:30 am COST: \$5 plus cost of your lunch
Enjoy this multiroom gift shop with one of a kind shopping experience filled with homemade crafts, gifts, original art, antiques, collectibles and so much more. We will step into owner Elva Hurst's theater to learn more about her and her talents. Finally, we will head to a local favorite, Scooters Restaurant, for a delicious lunch.

Monday, May 15: Hershey Outlets TIME: 10:00 am COST: price of your purchases. Discover the latest styles of the season from all of the best brands at the best possible prices. ****Lunch on your own (Subway and Starbucks are in the complex) **Large amount of walking**

Tuesday, May 16: Ladies Lunch – New Cloister Restaurant TIME: 11:15 am COST: Price of your lunch

Thursday, May 18: Primitives by Kathy TIME: 9:30 am COST: Price of your purchases
Enjoy wholesale pricing on a wide range of home décor, home accents, and more

Friday, May 19: Men's Breakfast – New Cloister Restaurant TIME: 8:15 am COST: Price of your lunch

Monday, May 22: Brandywine Museum of Art & Chadds Ford Tavern TIME: 9:00 am COST: \$14.00 plus cost of your lunch. Known for its holdings of the Wyeth family of artists. We will stop at Chadds Ford Tavern for Lunch where they use only the finest ingredients and provide a lively atmosphere. ****Large amount of walking**

Tuesday, May 23: Dinner Out – Leeds Restaurant TIME: 5:15 pm COST: Price of your dinner. Located just off the Harrisburg Exit of 283, enjoy a fantastic menu of fresh seafood and steaks, along with an extensive wine list.

Thursday, May 25: Chanticleer Garden Trip with Elite Coach ****must have previously signed up**

Friday, May 26: Southern Market TIME: 11:15 am COST: Price of your purchases

****Large amount of walking**

Tuesday, May 30: Hershey Garden/Hershey Bistro TIME: 9:00 am COST: \$14.50 plus cost of your lunch

****Large amount of walking**

MAY 2023 OTHER ACTIVITIES:

Tuesday, May 2: Koffee Klatch TIME: 9:00 am LOCATION: HBD. This is a great opportunity to catch up, meet new people, chat with staff, and enjoy a delicious Churro to celebrate Cinco de Mayo. ****Remember to thank the Community Life Committee for helping to serve.**

Thursday, May 4: National Day of Prayer TIME: 9:00 am LOCATION: (GA). Speakers from different faiths and some WCV residents will share their views on prayer and their personal journeys with prayer. The Woodcrest Chorus will sing for us, and there will be an opportunity for you to choose a state or country to pray for in the coming year.

Thursday, May 4: Low Vision Group TIME: 10:00 am LOCATION: BBC

Tuesday, May 4: Dementia Group TIME: 11:00 am LOCATION: GA

Tuesday, May 4: BINGO TIME: 6:30 pm LOCATION: GA

Saturday, May 6: Kentucky Derby TIME: 6:30 pm LOCATION: MT. Known as "The Most Exciting Two Minutes in Sports" stop by the Movie Theater to enjoy watching the Derby with your WCV Friends.

Tuesday, May 9: Aging Well Presentation by Dan Mortensen TIME: 2:00 pm LOCATION: GA

"Aging Well: Keeping a Twinkle in Your Wrinkle"

Tuesday, May 9: Travel Talk with Steve Henning: Australia TIME: 7:00 pm LOCATION: GA

Where shall we travel this evening with Steve Henning? How about Australia?!

Thursday, May 11: The Wolf Sanctuary by Russ Stavig TIME: 10:00 am LOCATION: GA

Brought to us by the Life Enrichment Committee: This presentation will include stories about the sanctuary and the unique lives of the wolves that live there.

Friday, May 12: Breakfast Club Caregiver Group TIME: 9:00 am LOCATION: GC. Join your fellow neighbor caregivers for lunch and conversation at Garden Cafe. Must RSVP to Resident Services, Ext. 4102 or 6201.

Friday, May 12: Ice Cream Social TIME: 2:00pm LOCATION: GA. Come on out and enjoy the afternoon with your friends and neighbors and enjoy some delicious ice cream with all the fixings!

Wednesday, May 17: Advantage Presentation TIME: 2:30 pm LOCATION: GA. "Why is My Blood Pressure Low"

Thursday, May 18: Chris Poje – Patriotic Concert TIME: 7:00 pm LOCATION: Plaza

****If inclement weather we will move to Gamber Auditorium – watch Channel 957 for any changes.**

Friday, May 19: Doterra Essential Oil Presentation TIME: 1:00 pm LOCATION: GA

Monday, May 22: Trivia with Bob Reigh TIME: 6:30 pm LOCATION: GA

Join a team and answer fun questions in a relaxed atmosphere. Lots of fun!

Sunday, May 28: Flag Lowering Observation TIME: 8:00 pm LOCATION: Hummingbird/VIVA Entrances

In preparation for our Memorial Day Program, our WCV Veterans will be lowering the flags at Hummingbird and VIVA Entrances. This is not a formal Ceremony, however, you are invited to observe if you would like.

Monday, May 29: Memorial Day Program TIME: 11:00 am LOCATION: GA

Please join us as we Memorialize our Military friends and family who have served our Country.

Wednesday, May 31: Afternoon with Aayla TIME: 2:00 pm LOCATION: GA

A little Trivia, A Little "Name That Tune," but most of all, A LOT OF LAUGHS!

MOVIES:

5/2/23: As Good as It Gets LOCATION: MT RATED: PG13

A single mother and waitress, a misanthropic author, and an artist form an unlikely friendship after the artist is assaulted in a robbery.

5/11/23: Deep Impact LOCATION: MT RATED: PG13

A comet is discovered to be on a collision course with Earth. As doomsday nears, the human race prepares for the worst.

5/13/23: Sully LOCATION: GA RATED: PG13

When pilot Chesley "Sully" Sullenberger lands his damaged plane on the Hudson River in order to save the flight's passengers and crew, some consider him a hero, others consider him reckless.

5/15/23: Anzio LOCATION: MT RATED: PG13

After meeting a general, war correspondent Dick Ennis is assigned to accompany US Army Rangers for the upcoming attempt to outflank the tough enemy defenses.

5/19/23: Bride Wars LOCATION: MT RATED: PG

Two best friends become rivals when they schedule their respective weddings for the same day.

5/26/23: The War with Grandpa LOCATION: GA RATED: PG

A young boy named Peter fights in a prank war with his grandfather to get his grandfather to move out of his room after he moves in with his family.

5/30/23: The Blindside LOCATION: MT RATED: PG 13

Based on a true story, of Michael Oher, an American football offensive lineman who overcame an impoverished upbringing to play in the NFL with the help of his adoptive parents

Room Abbreviation Key

AC-Administrative Conference Room **BB**-Bluebird **BBC**-Bluebird Commons **CA**-Creative Arts **CW**-Cardinal Wing
EC-Eagle Commons **EW**-Eagle Wing **GA**-Gamber **GC**-Garden Café **HBC**-Hummingbird Conference Room (Near the Bank) **ML**-Meadowlark **PDR**-Private Dining Room **RR**-Robin Ridge **MT**-Movie Theater **HGB**-Hummingbird Gathering Place **GR**-Game Room **HBD**-Hummingbird Dining Room

PDR-Private Dining Room **FS**-Fitness Studio. *Calendar items noted in PURPLE indicate trips or activities that are OFF campus; Calendar items noted in RED indicate special events or activities that are held ON Campus;*